

# Caribbean Paradise

Restaurant & Lounge





## Starters

Calamari - 7.95

Coconut Shrimp (5pcs) - 6.95

Conch Fritters (5pcs) - 7.95

Chicken Fingers - 5.95

Paradise Sampler - Conch fritters, coconut shrimp and jerk wings - 9.00



## Salads

Dressings:

Ranch, Blue Cheese, Honey Mustard, French and Balsamic Vinaigrette

Paradise Jerk Salad - 7.00 ck / 9.00 sh / 11.00 fc

Choice of Jerk Chicken, Shrimp or Fried Conch. Romaine lettuce, Tomato, Cucumber, Carrots and Sweet Pepper.

Caesar Salad - 5.00

Tossed Salad - 2.25



## Sandwiches

All sandwiches are served on a bun with lettuce and tomato (on the side) and a choice of fries or vegetables:

Caribbean Heat - Grilled chicken breast with spicy Caribbean seasoning - 7.00

Island BBQ - Chicken breast marinated w/ barbeque sauce - 7.00

Grilled Salmon - Salmon steak w/ a sweet barbeque glaze - 9.95

## Pates

All pates are stewed and deep fried in a savory dough

Saltfish - 3.50

Beef - 2.75

Chicken - 2.75

Veggie - 2.50

Conch - 4.25

## Meats

Goat - Curried with onions and potatoes. Served with peas & rice or seasoned yellow rice and a choice of vegetables or plantains - 9.00

Oxtail - Stewed in a brown sauce. Served with peas & rice or seasoned yellow rice and a choice of vegetables or plantains - 10.50

Chicken - Choice of jerk, barbeque or curry (with onions and potatoes). Served with peas & rice or seasoned yellow rice and a choice of vegetables or plantains - 7.00 small / 9.00 large

Stuffed Chicken - Baked chicken breast stuffed with spinach and mozzarella topped with a white wine cream sauce. Served with yellow seasoned rice and vegetables - 10.00

Chicken & Shrimp - 16.00

Choice of jerk or barbeque chicken and shrimp sautéed in a garlic butter

## Vegetarian

Curry Veggies - Broccoli, carrots, and cauliflower curried with onions, sweet peppers and potatoes. Served with seasoned yellow rice - 8.00

Veggie Meal - Stewed veggie crumbles in a brown sauce with onions and sweet peppers. Served with seasoned yellow rice and veggies - 8.00

Veggie Burger - Veggie Pate served on a toasted bun (lettuce & tomatoes) with specialty cream sauce and fries - 6.00

Tofu - With a style choice of curry or stew. Served with peas & rice or seasoned yellow rice and a choice of one side - 8.00

## Kids Meal

Choice of rice, macaroni & cheese or fries. Served with a Capri Sun.

Chicken - Choice of Chicken Fingers or Barbeque Chicken - 3.95

Burger - Choice of Hamburger or Cheeseburger - 3.95

Pasta - Chicken with Penne Pasta in a Pesto Alfredo sauce - 6.00



## Seafood

### Tilapia - 10.00

Pan seared with sautéed onions and sweet peppers. Served with yellow seasoned rice and vegetables.

### Salmon - 13.00

Pan seared with sautéed onions and sweet peppers. Served with yellow seasoned rice and vegetables.

### King Fish - 10.50

Pan seared with sautéed onions and sweet peppers. Served with yellow seasoned rice and vegetables **or** Steamed with butter or mayonnaise sauce. Served with fungi, dumpling and green banana.

### Saltfish - 8.50

Salted cod fish sautéed with onions and peppers. Served with fungi, dumpling and green banana.

### Shrimp - 12.00

Sautéed in a garlic butter sauce. Served with a baked potato and vegetables **or** Curried with onions and green peppers. Served with yellow seasoned rice and fried plantains.

### Stuffed Shrimp - 13.50

Butterfly shrimp stuffed with crab meat topped with white wine cream sauce. Served with yellow seasoned rice and vegetables.

### Snapper (Choice of Fillet or Whole Fish) - Market price

Steamed with butter or mayonnaise sauce. Served with fungi, dumpling and green banana.

### Conch - Market Price

Sautéed with onions and sweet peppers in a white wine butter sauce. Served with seasoned yellow rice and vegetables.

### Lobster -Market Price

Oven baked, drizzled with lemon and garlic. Served with a baked potato and vegetables.

## Sides

Vegetable Medley - 2.00

Baked Macaroni & Cheese - 2.50

Garlic Mash Potatoes - 2.00

Johnny Cake - 1.50

Okra Sautéed w/ Onions - 2.00

Pigeon Peas & Rice - 2.50

Yellow Seasoned Rice - 2.00

Fries - 2.00

House Salad - 1.50

Baked Potato - 2.50

Plantain - 2.00

## Pasta

All pastas are served with the following choice: Penne with Pesto Alfredo Sauce (white wine based) or Marinara Sauce and topped with grated parmesan cheese.

**Rasta Pasta** - Tossed with carrots, broccoli and cauliflower - 7.00

**Paradise Pasta** - Grilled chicken breast diced - 9.00

**Seafood Pasta** - Choice of Shrimp or Salmon - 12.00

## Beverages

**Island Passion Punch** - 2.50

**Lime Ade** - 2.00

**Vita Malt** - 2.00

**Ting** - 2.00

**Tropical Punches** - Sorrel, Mango, Fruit Punch, etc. - 2.50

**Soda** (Ginger Beer, Cream, Pineapple & Kola Champagne) - 1.50

### REGULAR DRINKS

**Soft Drinks** (Pepsi, Coke, Diet Coke, Mt. Dew, & Ginger Ale) 1.00

**Water (Bottled)** - 1.25

**Coffee** - 1.25

**Hot Tea** - 1.50